



# thecollegian

INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY

VOL. 119 NO. 78

THURSDAY, JANUARY 23, 2014

www.kstatecollegian.com

## Officials seek help to find Peterson, witnesses

By JON PARTON  
THE COLLEGIAN

Officials from the Riley County Police Department and Pottawatomie County Sheriff's Office want to talk to three teenage skateboarders about the disappearance of St. George resident Jane Peterson.

As reported Wednesday, Peterson, 56, has been missing since Sunday. Peterson is a senior administrative assistant for the physics department at Kansas State University. Her truck was discovered near Tuttle Cove on Monday.

An individual who lives in the area spotted three teenage skaters in the vicinity of Peterson's truck. Police officials want to talk to the youths about her disappearance, in hopes they have any relevant information.

A volunteer search effort for Peterson will be held Saturday at 10:15 a.m. at the Tuttle Cove boat dock. Donations of water, granola bars and snacks for the volunteers will be accepted at Brooks Yamaha, 8070 US 24 on Thursday and Friday.

Police ask anyone with information to contact Pottawatomie County Sheriff Greg Riats at 785-457-3353.

A Lawrence man was found dead in his home Friday night and his ex-girlfriend, who lived with him, has gone missing. The body of Harold Sasko, 52, was discovered when police were asked to investigate the disappearance of his 19-year-old ex-girlfriend, Sarah Brooke Gonzales McLinn.

Police said Sasko sustained traumatic injuries and are treating his death as a homicide. Sasko owned two Cici's Pizza franchises in Topeka and one in Lawrence. As reported in the Lawrence Journal-World, the two continued to live together after their relationship ended.

Lawrence police said a vehicle from the residence was also missing, a blue or dark grey 2008 Nissan Altima with Kansas license plate number "AK149." Lawrence, Kansas Police Department officials ask anyone with information about the homicide or McLinn's whereabouts to contact them at 785-832-7509.

## Broadway hit 'American Idiot' rocks audience at McCain

By JOHN ZETMEIR  
THE COLLEGIAN

It isn't often that you can see people dress like they are going to a rock concert when attending musical theatre. "American Idiot" is an exception.

The cast of the two-time Tony Award winning musical left fans roaring for

more Wednesday night at McCain Auditorium with ear shattering acoustics, top level vocals and more strobe lights than a Friday night at cosmic bowling.

"American Idiot" is based on the Grammy-award winning, multi-platinum album "American Idiot" by punk-rock band Green Day. The show featured popular hits such as "American Idiot," "21 Guns" and "Boulevard of Broken Dreams."

"When I was in high school, I was a pretty big Green Day fan and I have heard about the show before and had been wanting to see it for awhile since it was put together," Nate Spriggs, senior in agricultural economics, said. "So I thought it was neat that Todd Holmberg, the director of McCain, was able to bring it here."

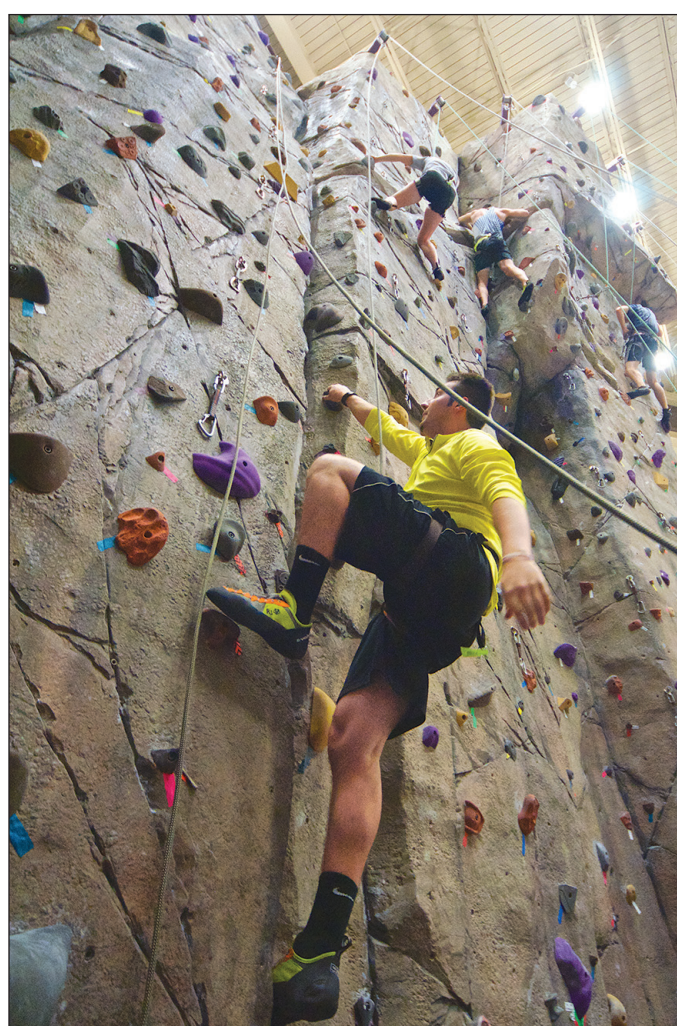
The Broadway hit is a tale of three friends who must make a choice between

pursuing their dreams and the comfort of a suburban life. Johnny, Tunny and Will all aspire to get out together, but circumstance draws them down different paths. Between drugs, a pregnancy and joining the military, the three friends spend a year away from home before ultimately returning to their former lives.

"I knew the show was going to be edgy and gritty and sort of move the audi-

ence out of their comfort zone," Holmberg said. "Too often we go to shows and we are spoon fed happy endings and not everything worked out so well with the characters in this musical."

The show is designed to highlight topics in the world that not many other musicals have tackled before.

CONTINUED ON PAGE 3,  
"IDIOT"

PARKER ROBB | HANNAH HUNSINGER | THE COLLEGIAN

ABOVE: **Michael Weninger**, junior in business, ascends the rock wall at the Chester E. Peters Recreation Complex with ease Wednesday evening.

RIGHT: **Ryan Swift**, freshman in chemistry and secondary education, runs laps on the track with other night owl exercisers in the Rec Wednesday evening.

## Working Up A Sweat

**The Chester E. Peters Recreation Complex opened for the spring semester this week, allowing hundreds of students to work up a sweat**

This spring marks the one year anniversary of the Rec's remodel. The new center includes two rock walls, a Quik Cats Cliffside, saunas in the locker rooms and a 25,000 square foot weight room.

A free parking option was added last fall for the Rec Center. Students without a parking pass can now park in the parking lot to the south of the Rec Complex by scanning their

K-State Student ID. Parking is available for 2.5 hours without incurring a ticket.

Fitness classes, including classes such as Ab Attack, Gentle Yoga and Zumba, begin Jan. 27. All classes are free with a K-State Student ID.

Intramural entries are being accepted at the Rec Center through Friday for some sports including basketball, table tennis and darts. Additional intramural teams, including wrist wrestling, softball and disc golf, compete later in the spring. A complete list of spring intramural sports can be found on the Rec website.

The Rec is open Monday-Thursday 5:30 a.m. to midnight, Fridays 5:30 a.m. to 11 p.m., Saturdays 9 a.m. to 10 p.m. and Sundays noon to midnight. Admission is free with a K-State Student ID.



## 'Everybody Counts' to provide free public health services

By KAREN SARITA INGRAM  
THE COLLEGIAN

Last October, the annex at Lee Elementary School was filled with donated clothing, shoes and school supplies for homeless and impoverished Manhattan children. By mid-November, it was empty again.

Spurred by the growing need for assistance, more than 40 Manhattan businesses, churches and organizations have come together to create the first-ever "Everybody Counts" event. The 24-hour

long event aims to identify and address the needs of impoverished citizens.

"We think from this event we can determine where to focus our energy for the future," said Rev. Patrick McLaughlin of First United Methodist Church.

Last year, more than 250 students in USD 383 self-identified as homeless. Aaron Estabrook, Manhattan-Ogden Board of Education member, said that "self-identified" meant these students had approached a teacher or school administrator for help. The actual number of children facing homelessness was likely much higher, but many did not

tell school administrators of their situation because of the social stigma associated with homelessness. However, more people are coming forward for help than ever before.

"It's becoming more acceptable to ask for assistance

because the need is so high," he said.

There are indications that homelessness and poverty are on the rise in Manhattan, as many social services have noted an increase in demand for help. It is often difficult to give

exact numbers because homeless people are difficult to stay in contact with.

Estabrook said he hopes the event will provide the community with a more thorough assessment of how many people need assistance and what kind of assistance they require. This will help organizations to address long term needs in the community.

"Everybody Counts" will begin at 10 a.m. on Wednesday, Jan. 29 at the First United Methodist Church's Harris Activity Center, 612 Poyntz Ave.

CONTINUED ON PAGE 3,  
"EVERYBODY"

### What, Where, When?

*"Everybody Counts" will begin at 10 a.m. on Wednesday, Jan. 29 at the First United Methodist Church's Harris Activity Center, 612 Poyntz Ave. The event will run for 24-hours until 10 a.m. on Jan. 30.*

### INSIDE

### SOCIAL MEDIA

### WEATHER



**5 Women's basketball falls in Waco 71-48**



**6 Excessive sleeping could be a bad sign**

### Question of the Day

"What was your New Year's resolution, and have you kept it?"

Look for the results in the Steet Talk section in Friday's paper!



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youtube.com/user/Ecollegian



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### Saturday:

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Low: 31 °F



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**ACROSS**

1 "Let's Make a Deal" option  
5 You can't stand to have one  
8 Detail, for short  
12 Writer Quindlen  
13 Raw rock  
14 "Arrive-derci"  
15 Dance move  
16 Fresh  
17 Church section  
18 Car wash task  
20 Use caller ID  
22 Homer's interjection  
23 See 42-Across  
24 Fly-by-night types?  
27 Pertaining to snakes  
32 Luau bowlful  
33 Carnival city  
34 Actress Vardalos  
35 Laundry additive

**38** Ice mass  
**39** Lamb's dam  
**40** Neither mate  
**42** With 23-Across, adsorbent colloid  
**45** Ancient lighthouse site  
**49** Privy to  
**50** Main-lander's memento  
**52** Bakery buy  
**53** Zits  
**54** Pump up the volume  
**55** Ireland  
**56** Periodicals, for short  
**57** Seek damages

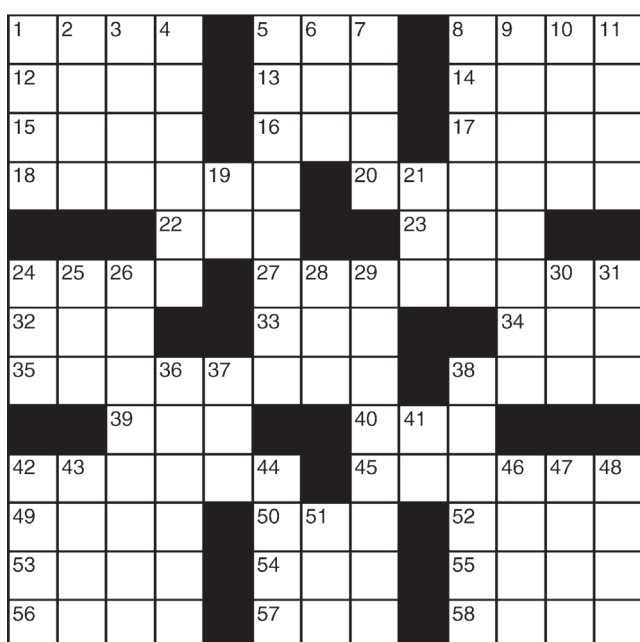
**DOWN**

1 Morse "T"  
2 Aware of  
3 Change for a five  
4 Canoeing challenge  
5 Texas athlete  
6 Exist  
7 Church furniture  
8 Frightened  
9 Direct info source  
10 Relaxation  
11 Joel or Ethan of Hollywood  
19 "Forget it!"  
21 Movie-making trickery, for short  
24 Harvest goddess  
25 Court  
26 From the cradle to the grave  
28 Chart format  
29 Lively folk dance  
30 Melody  
31 Kvetch constantly  
36 Strings  
37 Common Mkt.  
38 Dental straighteners  
41 "That explains it"

**Solution time: 25 mins.**

O	B	I	T	P	E	N	A	S	E	A
O	R	S	O	A	C	E	S	N	A	P
H	A	N	K	S	N	O	W	T	O	R
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		Y	E	T	I	O	R	B		
C	U	B	S	O	M	S	K	A	L	F
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O	V	U	M		T	O	M	E	T	N
N	A	R	Y		S	P	A		S	E
				S	P	A		S	E	A

**Yesterday's answer 1-23**



## 1-23 CRYPTOQUIP

K G D W O X V U B I D B K W W E  
Q T I D B W T Z C J H K T B D Z W V G J Z  
H U K K O D U Q X C J L Z . G D ' Z

H U O O J Q L K G D I Z K W H E C G W K W Z .  
**Yesterday's Cryptiquip:** BLOCKBUSTER FILM FEATURING BATTLES IN WHICH MUCH BLACK GUNK IS THROWN AT ENEMIES: "TAR WARS."  
Today's Cryptiquip Clue: G equals H



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Letters may be rejected if they contain abusive content, lack timeliness, contain vulgarity, profanity or falsehood, promote personal and commercial announcements, repeat comments of letters printed in other issues or contain attachments.

The Collegian does not publish open letters, third-party letters or letters that have been sent to other publications or people.

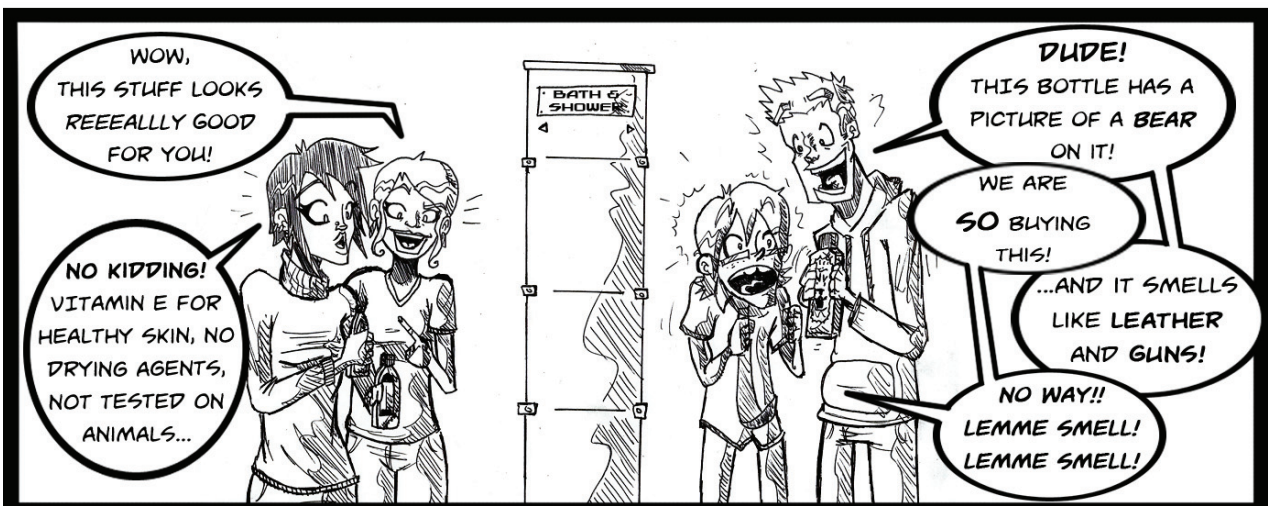
## CORRECTIONS

If you see something that should be corrected or clarified, email managing editor Jena Sauber at [news@kstatecollegian.com](mailto:news@kstatecollegian.com).

The Collegian, a student newspaper at Kansas State University, is published by Collegian Media Group. It is published weekdays during the school year and on Wednesdays during the summer. Periodical postage is paid at Manhattan, KS. POSTMASTER: Send address changes to Kedzie 103, Manhattan, KS 66506-7167. First copy free, additional copies 25 cents. [USPS 291 020]  
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## For The Win | By Parker Wilhelm

**FUN FACT: THERE'S ONLY TWO DIFFERENT MARKETS TARGETED FOR BODY WASH.**



## The Weekly Planner

## Thursday, Jan. 23

**Poster Sale**  
K-State Student Union  
8 a.m. to 6 p.m.  
**Defense of Doctoral Dissertation: Lover Chanler**  
"The Role of Black Grandmother in the Racial Socialization of Their Biracial Grandchildren"  
115 Justin Hall  
1 p.m.  
**Wildcat Winter Expo and Activities Carnival**  
K-State Student Union  
6-8 p.m.  
**Free bowling and billiards for new K-State students**  
Recreation Center, K-State Student Union  
8:30-10:30 p.m.

## Friday, Jan. 24

**Poster Sale**  
K-State Student Union  
8 a.m. to 6 p.m.  
**Union Program Council's showing of "Enders Game"**  
Forum Hall, K-State Student Union  
8 p.m.  
**K-State After Hours Mark Toland: Mind Reader**  
Forum Hall, K-State Student Union  
10:30 p.m.

## Saturday, Jan. 25

**Women's Basketball vs. Kansas**  
Bramlage Coliseum  
1 p.m.  
**Union Program Council's showing of "Enders Game"**  
Forum Hall, K-State Student Union  
7 p.m., 9:30 p.m.

## Sunday, Jan. 26

**Union Program Council's showing of "The Hornet's Nest"**  
CANCELED

**Union Program Council's showing of "Enders Game"**  
Forum Hall, K-State Student Union  
8 p.m.

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INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY

**TIP OFF 2014**





IDIOT | Show tackles difficult social problems

CONTINUED FROM PAGE 1

The band Green Day is similarly known for being outside the box and not worrying about hurting anyone’s feelings. It was the band’s lead singer, Billie Joe Armstrong, who assisted in the creation with “American Idiot” and spent time as part of the cast on Broadway. This is something that Casey O’Farrell, who plays Will in the show, said he believes makes “American Idiot” special.

“Green Day is really good about saying things that everyone is kind of thinking but doesn’t really want to talk about,” O’Farrell said. “We don’t shy away from any issues that are actually happening. The show is written around a time period that Billie (Joe Armstrong) felt really strongly about.”

O’Farrell has been on the cast for the past two years touring the United States. He said he enjoys his role because he is allowed to put emotion into the show depending on how he feels while performing.

“I think ‘American Idiot’ is one of those weird, cool shows where it’s directed so loosely that there’s a lot of areas that are really specific and there are areas that are so general that they give the actors the freedom to change,” O’Farrell said. “It’s really nice in that sense because it really does evolve as we go and the emotions change show to show.”

USD 383 school board tables debate on concealed carry law, related issues

By TIMOTHY EVERSON  
THE COLLEGIAN

Manhattan-Ogden USD 383 hosted their bi-weekly school board meeting on Wednesday at the Robinson Education Center.

The consent agenda was unanimously approved following a lack of visitor comments.

The board discussed changes to the Kansas concealed carry law that took affect over the summer. The changes state that people with a concealed carry license can bring weapons to government buildings where guns were once banned. This would mean teachers with a concealed carry could leave their guns in their car in the parking lots of the school.

The board raised several issues with this change, including a lack of clarification on the amount of ammunition that is allowed in a vehicle and the necessity of changing their policy on firearms.

The board tabled the issue until more information was

available.

School Board President Curt Herman gave a brief report including an overview of Gov. Sam Brownback’s State of the State address and the impact of the address on the district, including five-day kindergarten and possible consolidations in the future.

Charter school bills were carried over from last year, Herman said.

“Those are really worrisome,” Herman said.

Charter schools are exempt from many regulations, and companies can give unlimited donations to these charter schools that would give them a 100 percent tax credit, which would take money away from public schools, Herman said.

Stephanie Smith, director of food service for the district, reported on the federal government regulations mandated by the 2012 Healthy Hunger-Free Kids Act.

The mandates made menu planning more difficult, Smith said. Recently, some flexibility was added to the mandates so the maximum number of grains and proteins in a week would be lifted as long a total

calorie count was being met. The new changes may not be popular with students, Smith said.

“We’re trying our best to make food that the kids will eat, but I’ve noticed a lot of food still get wasted,” he said.

The Smart Snacks in School standards, which regulate what foods can be sold from vending machines during the day, are planned to be implemented next year, Smith said.

Lew Faust, director of business services for the district, gave an in-depth rundown of the district’s expenditures and budget, and a projected budget for 2015. The district is currently looking at a negative balance of \$440,000 for that fiscal year.

Allison MacGill, second grade teacher at Northview Elementary School, was honored with the Horizon Award from the Kansas State Department of Education. The award goes out to 32 exemplary first-year teachers in the state of Kansas.

The board’s next meeting, a special meeting for site council reports, is Wednesday, Jan. 29.

Fort Riley soldier dies in car crash

By KAREN SARITA INGRAM  
THE COLLEGIAN

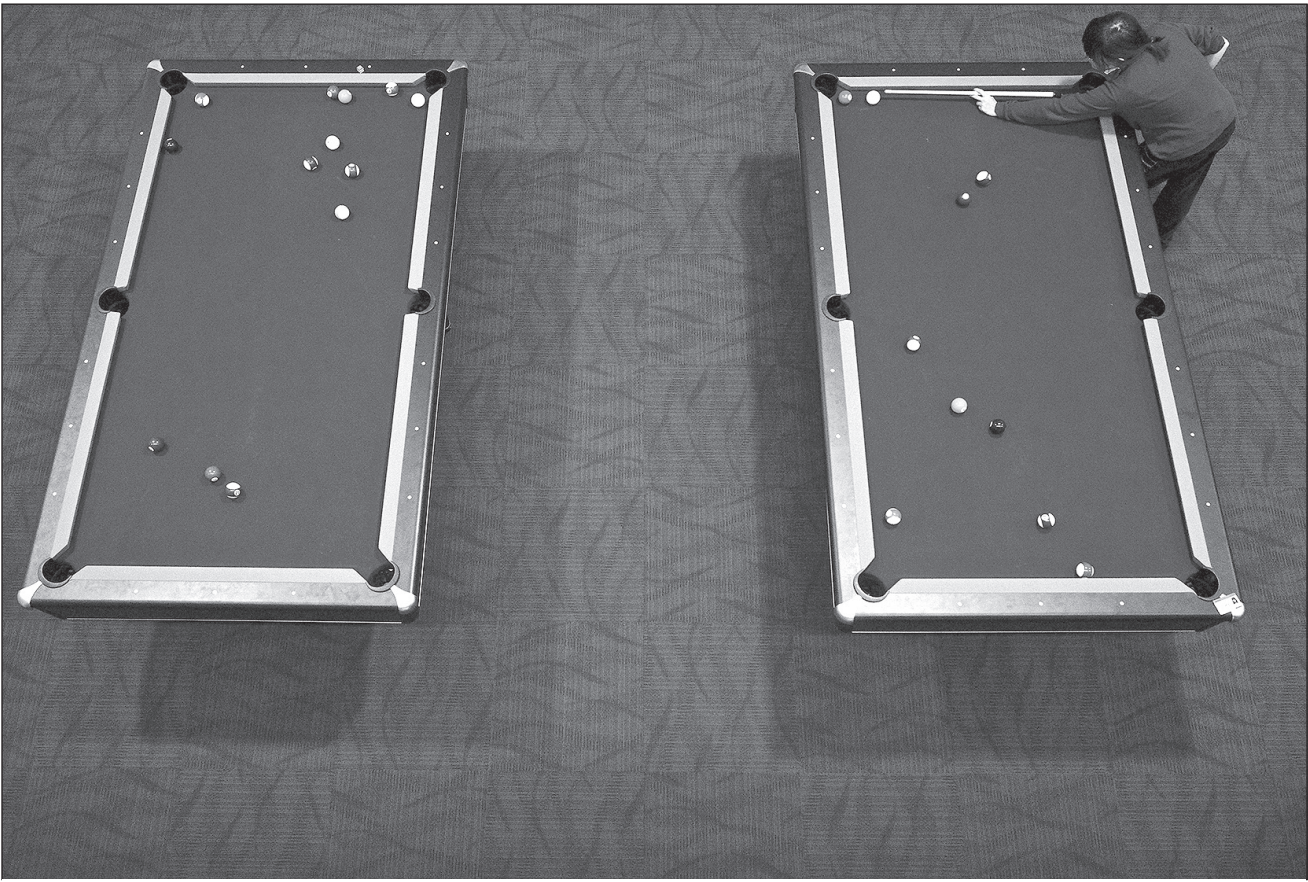
Single vehicle crash claims life of Fort Riley soldier

The Kansas Highway Patrol reported that Calvin Michalak, a soldier stationed at Fort Riley, was killed in a single vehicle accident near Ellsworth, Kan. on Tuesday. Michalak’s car veered off the road and struck the pillars on a bridge. At this time cause is unknown. Michalak, 22, was originally from Mendon, Ill. He was not wearing a seat belt.

Groundbreaking ceremony to celebrate library expansion

The Manhattan Public Library, 629 Poyntz Ave., will host a groundbreaking ceremony for the expansion of their children’s library on Saturday at 1 p.m. Refreshments and music will be provided in the auditorium before the ceremony. The event is free and open to the public. Construction on the library expansion is expected to be completed by the end of the year.

Making every easy shot, making every shot easy



PARKER ROBB | THE COLLEGIAN

Huan Wang, graduate student in chemical engineering, plays pool Wednesday evening at the Chester E. Peters Recreation Complex.

EVERYBODY | Services offered for local homeless

CONTINUED FROM PAGE 1

The event will run for 24-straight hours, until 10 a.m. on the 30th.

“We don’t want to give anyone an excuse not to show up and get free stuff,” Estabrook said.

A variety of free services will be available to people in need, including dental check-ups for children, vaccinations, hair cuts, pet food and more. Hot meals will be provided, and a warming shelter will also be available for people to escape the winter chill during the overnight hours. Dozens of other organizations will be available to inform people of help and services available for veterans, food assistance, housing and more.

Some of the organizations involved include the Flint Hills Breadbasket, Kansas Legal Ser-

vices, The Crisis Center, Riley County Health Department, USD 383 Infant-Toddler Services Network of Riley County, Manpower, Big Brothers Big Sisters and more.

Many area churches are also involved. McLaughlin said as a pastor, he believes God is working through them to help the community. However, he wanted to assure everyone that this is not an evangelical event and that everyone is welcome regardless of religious affiliation.

Manhattan residents who don’t need assistance are also invited. Volunteers are welcome, but McLaughlin said it would also be a good idea for people to come just to familiarize themselves with all the different services available and to learn more about the need for them.

“It should be an eye-opening experience for the whole community,” McLaughlin said.

When the Manhattan Mercury first printed an article about the number of homeless children in the Manhattan-Ogden school district on Oct. 7, McLaughlin said a lot of people approached him and expressed surprise that there were so many homeless children in Manhattan.

McLaughlin said he believes there is a lack of awareness among people who do not work closely with social services or charities who deal directly with homeless people in Manhattan.

“It’s a little bit of an invisible problem,” he said.

Estabrook said another problem with homelessness is identifying it. The Homeless Emergency Assistance and Rap-

id Transition to Housing Act of 2012 amended and made several changes to the McKinley-Vento Homelessness Assistance Act, including how homelessness is defined. Families who “double up” and move in with another family, for example, are no longer counted as homeless, although Estabrook said he believes they should be.

Estabrook said volunteers are welcome to contact them via Facebook at facebook.com/everybodycountsmnhattan to learn more about the event. Estabrook said more than 50 people showed up for orientation and training on Martin Luther King, Jr. Day.

“It’s been amazing to have so many people show up based on social media posts,” he said. “We put no money into it.”

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Sunday 1 p.m. - 5 p.m.

**Jan. 27th - Feb. 7th**

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Saturday 9 a.m. - 5 p.m.  
Sunday 1 p.m. - 5 p.m.

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**Agri-Industry CAREER FAIR**

**WHEN:** Wednesday, January 29  
11 a.m. – 4 p.m.

**WHERE:** K-State Student Union  
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## Marilyn Monroe is not a positive role model for women



JENA SAUBER  
THE COLLEGIAN

More than 50 years after her death, Marilyn Monroe is still hailed as a positive role model by many women today. Monroe's seductive eyes, half-open lips and famous "quotes" clutter Twitter, Pinterest and even people's bodies. In today's world of stick-thin models, Monroe is hailed as a "real" woman with real curves.

But what isn't acknowledged is her life of drug abuse, submission and unfaithfulness. She was described by people she worked with as "shallow," "ditz" and "stupid." She died of an alleged drug overdose at the age of 36. She reportedly had affairs with famous married men. In a world with strong, intelligent women leaders, Monroe should not be deemed a suitable role model.

She survived in the industry by relying almost exclusively on her sexuality. She wore extremely tight clothing, posed erotically, sent nude pictures to get media attention and constantly pursued male attention. She reduced herself to an object, chipping away at women's image as intelligent, self-sufficient members of society.

The first time I watched a Marilyn Monroe movie, "The Seven Year Itch," I was completely underwhelmed. After hearing all the hype about her, I was expecting an actual theatrical performance. Instead, she played a ditz, shal-

low, submissive women who's only desire was male attention.

According to Leo McKinstry in a Aug. 29, 2013 article published in the British Newspaper The Daily Mail, Monroe "... almost always played the same shallow role, the ditz helpless blonde craving masculine attention and protection. She had none of the impressive authority of other Hollywood actresses."

That is not who women should desire to emulate in life.

According to accounts from people she worked with, Monroe was also highly emotionally unstable and self-centered. She frequently abused drugs and alcohol. She reportedly had an affair with President John F. Kennedy. None of these attributes are things women should be purposefully pursuing today.

Monroe's weight and "real" woman curves are partially what has kept her relevant today. Her exact body size is debatable, but according to the official Marilyn Monroe website, she measurements were 37-23-36. She was 5 feet 5.5 inches tall, and weighed between 115-120 pounds. That puts her comfortably in the "normal" body mass category, and in a women's size six or eight by today's standards.

When compared to other famous actresses in the 1940s and 1950s, she wasn't so different. She worked in a world where actresses weren't stick thin. Famous actresses such as Ava Gardner, Ingrid Bergman and Rita Hayworth graced the silver screen weighing considerably more than the actresses of today. Monroe's ability to thrive in the industry as a curvy woman is more indicative of the industry in the 1950s and 1960s, and less of her ability to stand as a testament against stick-thin actresses.

Monroe did face many chal-



ILLUSTRATION BY YOSUKE MICHISHITA

lenges in life, from growing up in an orphanage to getting married and divorced by her 20th birthday. She faced challenges, and overcame them to some degree to reap wealth, fame and sex-symbol status. But she continued to be plagued by drug abuse, insecurities and unfaithfulness. There are many women today who have overcome great life challenges to become

excellent leaders devoid of drug and alcohol use, unfaithfulness and promiscuity, like the 16-year-old education activist in Pakistan Malala Yousafzai.

Marilyn lived her life the way she did, with some admirable characteristics and many shortfalls. She should be respected as an individual, but not put on a pedestal as a role model for women today.

Instead, women should look toward strong, independent, educated female leaders who stand for what they believe in. We've moved past being seen only as objects, and can make real, lasting contributions in the world.

Jena Sauber is a senior in journalism. Please send comments to [opinion@kstatecollegian.com](mailto:opinion@kstatecollegian.com).

## Street Talk

**The Kansas Board of Regents recently introduced a policy that says university faculty and staff can be terminated for things they post on social media. How do you feel about that?**



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SENIOR  
SOCIAL SCIENCE

"I agree with that. If we [students] can get in trouble for something like that they hold be held to the same standards."



SPENCER FORD  
SENIOR  
GEOGRAPHY

"Maybe a little bit not fair, but at the same time I can see where the university is coming from."



JARED WASINGER  
SENIOR  
POLITICAL SCIENCE

"I feel that's an understandable action with what went on last semester with the KU professor. If the termination is justified for what they say. Professors are role models for students."



HALEY CLAXTON  
JUNIOR  
HISTORY

"... if it's really really offensive, I can see that being a reason, but they also have the right to free speech. So, I guess it would depend on what they say and if it's in any way negative toward students or something."



MADELINE McMILLEN  
SOPHOMORE  
ANTHROPOLOGY

"That saddens me tremendously. Granted, in some ways I understand why it's implemented, because the university upholds a certain image and needs to be held to a certain status. However, in the same respect I think that is counterproductive in some way. Because what is university for? Going to school so you can learn to be an academic, so you can learn to formulate your own thoughts and formulate your own opinions. And that's really interesting that they would have the people that are instructing the students to be censored."



COURTNEY HOOVER  
FRESHMAN  
ACCOUNTING

"Depending on their case or scenario, if it's relating to their job, yes they should be fired."

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## Factual, biblical arguments against gay marriage



ANDREW ROGERS  
THE COLLEGIAN

Christians cannot support banning gay marriage based simply on the grounds that the Bible says it is sinful. Supporting the criminalization of everything that the Bible says is sinful would lead to universal imprisonment. After all, the Bible also says that lust, anger and judging others is sinful. However, there are still at least three biblically supported views that Christians can take on gay marriage.

The first option is to support getting the government out of the marriage business altogether. This is based on the idea that Christians ought to oppose the growth and intrusion of the state as much as possible because, as President Barack Obama once said in a 2008 interview with the Military Times, "What essentially sets a nation state apart is the monopoly on violence." Christian leaders who support this position, such as Shane Claiborne and Ron Paul, argue that Jesus preached a message of peace and forgiveness, which conflicts with the idea of using state violence to force Christian doctrine on others.

A second option is to argue that, although we cannot criminalize sin, we can still oppose government legitimization or institutionalization of it. This position would argue that the government can either oppose or remain neutral on sin, but that it should never actively support it and that legalizing gay marriage is active government support of sin. Another example of this would be that although the government shouldn't imprison people for being lustful, it also shouldn't make purchasing pornography a tax deduction.

A third option is to oppose gay marriage on pragmatic grounds. One could argue that exclusive state recognition of heterosexual monogamous marriages

is conducive to societal stability and humankind flourishing. This takes the argument out of the realm of rights and morals, and puts it into the realm of pragmatic cost and benefit analysis. Under the pragmatic view, marriage laws would be seen as a state subsidy of the type of family that the government has a pragmatic interest in supporting. But, it wouldn't be seen as an issue of the state telling people who they can and cannot have loving relationships with.

One line of argument stemming from the pragmatic approach is that, generally, the healthiest environment for a child to be raised in is a heterosexual monogamous marriage between their biological parents. The pragmatic view would hold that adoption is a good way of dealing with a bad situation, but not something to be pursued for its own sake. For example, most people would oppose randomly swapping newborn babies with whomever happens to be next to them in the maternity ward, but would also think that adopting an orphan is a good thing to do.

**"Although we cannot criminalize sin, we can still oppose government legitimization or institutionalization of it."**

According to the results of a 2012 study, published in the journal Social Science Research by Mark Regnerus, adult children of parents in same-sex relationships were more likely to have problems with depression, have an arrest record, be on welfare and be smokers than children who were raised in a heterosexual monogamous marriage between their biological parents. These results came after controlling for differences in income and race. Of course, correlation doesn't equal causation and social science research is never conclusive. Results like this could always be contradicted by new research, but that applies to the research presented by both sides. In the meantime, policy decisions

need to be made based on the evidence available.

According to the pragmatic approach, traditional marriage provides additional benefits to society beyond healthy childhood development. The most common argument is that marriage civilizes men and protects women. In his 2012 book, "The Better Angels of our Nature," Harvard psychologist Steven Pinker puts it this way: "The idea that young men are civilized by women and marriage may seem as corny as Kansas in August, but it has become a commonplace of modern criminology."

According to a Sept. 11, 2011 article in the National Review by University of Virginia Sociology professor Bradford Wilcox, "After men marry and become fathers (in that order), they work longer hours, they earn more money, they spend less time in bars and they spend more time in church, compared to similar peers who did not marry and have children," and "Young men who are not married with children are more likely to fall prey to criminal activity and drug use."

There is also evidence that married women are much less likely than unmarried women to be the victims of violent crimes. The Department of Justice's 2006 Crime Victimization Survey showed that never-married and divorced women were nine times more likely to be sexually assaulted or raped than married women. Single women were also more likely than married women to be the victims of robbery, violent assault and murder.

One problem with this pragmatic approach is that the social benefits of various social arrangements is an open empirical question and there will always be new research. For example, someone could find evidence of similar social benefits for gay marriage or polygamy and then make the case that those ought to be subsidized as well.

Personally, I believe that the first option is the best one for Christians to take. However, the three approaches aren't necessarily mutually exclusive so some mixing and matching could be done as well.

Andrew Rogers is a senior in philosophy. Please send comments to [opinion@kstatecollegian.com](mailto:opinion@kstatecollegian.com).





EMILY DeSHAZER | THE COLLEGIAN

Freshman guard **Leticia Romero** passes across the UC Santa Barbara defense to freshman forward **Jessica Sheble** at Bramalge Coliseum on Dec. 15. K-State fell 71-48 to Baylor Wednesday and will face KU at home Saturday.

# Wildcats fall to Bears 71-48

BY DAVID EMBERS  
THE COLLEGIAN

The Kansas State women's basketball team had aspirations of pulling off back-to-back upsets over conference foes. After an 80-74 win over Iowa State on Jan. 18, the Wildcats traveled to Waco, Texas to face No. 10 ranked Baylor Wednesday. From the beginning tip, K-State was outmatched. The Bears rushed out to a double digit lead, and finished the first half on a 29-0 run. The Wildcats made a small dent in the lead in the second half, but ultimately it wasn't enough, as K-State fell 71-48. The loss dropped K-State to 8-10 (2-5 in the Big 12). With the victory, Baylor moved to 15-3 overall (5-1 in the Big 12).

Freshman forward Breanna Lewis finished with 14 points and eight rebounds to lead the Wildcats. Sophomore guard Brianna Craig added 13 points and recorded five assists on the night. The offense was out of rhythm all night, due largely in part to the Wildcats' 21 turnovers and Baylor's high pressure defense. K-State shot a meager 35 percent from the field and struggled from behind the arc, going 4-24.

K-State freshman point guard

Leticia Romero struggled from the get-go. Baylor's defense was focused primarily on limiting Romero's playmaking ability. The Bears forced Romero into six turnovers and held her to six points on 28 percent shooting from the floor. While Romero has been stellar all season long, she will likely see defenses very similar to Baylor's from here on out. The Wildcats rely heavily on her to initiate the offense and penetrate into the lane.

Baylor senior superstar guard Odyssey Sims finished her night early, but still managed to record 20 points. The Bears had seven players finish with six points or more, and shot 43 percent from three point range.

One positive from Wednesday night's loss was the play of the Wildcats in the second half. K-State outscored Baylor 35-19 during the second 20 minutes, albeit the Bears limiting some of their starters' minutes after the intermission. If the Wildcats can build on their play in the second half, it could be a good step forward.

The final score of Wednesday's game was not ideal, but wins on the road in the Big 12 conference are never easy. A bounce back win against a solid KU team on Saturday could help the Wildcats start moving in the right direction.

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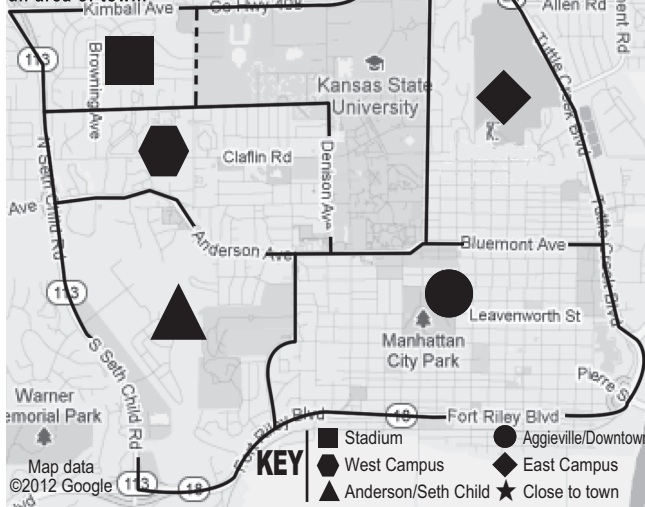
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2			6		3			4
	6		9		4		1	
7								5
	5		3		1		4	
3			8		5			9
	4			1			3	

Difficulty Level ★★★

8/04

8	5	2	6	7	3	4	9	1
3	1	9	2	8	4	6	5	7
7	6	4	9	1	5	2	3	8
4	3	1	5	2	9	7	8	6
5	9	8	4	6	7	3	1	2
2	7	6	1	3	8	9	4	5
6	2	5	3	4	1	8	7	9
1	8	3	7	9	6	5	2	4
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# Oversleeping can be indication of health problems

By MEGAN WHEELER  
THE COLLEGIAN

When activities and commitments inevitably make getting a full night of sleep difficult, student sleep habits can become irregular and unhealthy. While not getting enough sleep can be dangerous, the opposite can be just a risky.

"Sleep, just like many things in life, when taken to the extreme, becomes a demon," said Jon Hastings, junior in biology and second education. "Sleep is meant for you to rest and be energized, but when you sleep 12 hours a day, it's more about being lazy and getting away from the world."

Sleeping too much may be linked to numerous things, including depression or misuse of drugs or alcohol said Richard Rosenkranz, assistant professor of human nutrition. Getting too much, or too little, sleep is associated with disease and premature mortality, he said.

The Center for Disease Control and Prevention cites sleep guidelines from the National Heart, Lung, and Blood Institute that state the recommended amount of sleep for the average adult is seven to eight hours each night. This number is a guideline, and each person may require different amounts based on the physiological condition.

Other factors that may affect a person's need to sleep more than the recommended amount may also be linked to an imbalance in nutrition, physical activities and emotional status, said Sara Rosenkranz, assistant professor of human nutrition.

"Oversleeping can be due to psychological issues, such as depression and dementia," he said. "Deficiencies of iron, B12 [and] folic acid might potentially lead to



PHOTO ILLUSTRATION BY HANNAH HUNSINGER | THE COLLEGIAN

Sleeping more than nine hours each night may be either an indicator or a precursor of various underlying health issues. Keeping to a schedule of going to sleep at a reasonable time can keep students from forming bad sleep habits.

feelings of fatigue due to anemia."

Other potential correlations between oversleeping and health are thyroid and kidney disease. Chronic stress due to lower socioeconomic status, and a lack to health care and untreated underlying conditions, can also contribute to unhealthy sleep patterns, Sara said.

Sometimes, irregular sleep patterns can be caused by more temporary issues.

"Dehydration can cause feelings of fatigue. Eating too much right before bed can certainly interfere with sleep, particularly higher fat meals," Sara said.

Quality, in addition to time, is important when judging sleep habits, Sara said.

"I think it's important to point out that sleeping a long time and not feeling refreshed may indicate a problem with the quality of sleep," Sara said. "Quality and quantity of

sleep are both important."

Technology can interfere with sleep quality, Sara said. Staying up late to do homework, socialize, or spend time online can hurt healthy sleep habits, she said.

In particular, using light-up electronics such as televisions or cell phones can make falling asleep, and having high quality sleep more difficult, Richard said.

There are no benefits to sleeping more than what your body needs to

function, unless in situations such as illness or surgery recovery, Sara said.

Halle Sparks, freshman in biology, said she agrees that there can be such a thing as too much sleep.

"I have always been told that it is possible to sleep too much," Sparks said. "When your body is inactive, it is not able to perform all of its digestive duties such as digesting food and processing medications."

## Definition of 'healthy' transforms with time, media, social perceptions

By MEGAN WHEELER  
THE COLLEGIAN

Society is bombarded every day with advice and information on how to be healthy from "How to lose 5 pounds this week" to "Cut your stress in half today." But what is this image of "health" that people chase after, and how is it different than the historical thoughts about healthy living?

In America in the 1950s, the image of health and beauty was often portrayed in "curvy, full-bodied women." Over the decades, this has morphed into the slender and toned concept of what is 'healthy' today.

Even the official definition of "health" can leave room for interpretation.

The Merriam Webster dictionary defines health as, "the condition of being sound in body, mind or spirit, especially freedom from physical disease or pain; the general condition of the body."

Laura Monisse, sophomore in population health and integrative design, disagrees with this definition. She takes a more holistic look at health.

"Being healthy is not being clinically without disease, but involves physical, emotional and psychological aspects," Monisse said.

### Media influence

The media plays a part in influencing what society sees as "healthy."

In the 1950s, Marilyn Monroe was touted by the media industry as the "ideal woman." By the 2000s, tall, slender models had taken over the media industry. These models continue to take up the pages of modern fashion and women's magazines.

"Our idea of what we find aesthetically pleasing has changed as a result of what the media displays to us," Monisse said. "Planned obsolescence is a continual factor behind our need to change what is aesthetically pleasing."

Planned obsolescence is the practice of the industry designing products with a limited life that will soon become unfashionable or unneeded. It drives the industry by urging consumers to buy newer items more often.

Clothing is often advertised on extremely thin models, a

practice Monisse thinks is outdated.

"Fashion is a platform for artistic experimentation, the body is a canvas," Monisse said. "Changing the size of it could just be another phase, just as art has changed throughout time."

### Health issues

According to Model Alliance, an organization that advocates for fashion models' health, the average American woman is a size 12. The average model is a size zero. Anything higher than a size six is considered "plus size."

According to eating disorder counseling center Rader Programs, the average model weighs 23 percent less than the average woman. Twenty years ago, that difference was 8 percent.

Kate Upton, a Sports Illustrated swimsuit model, has recently been hailed as a "real" woman with healthy curves in a world of skinny models. According to her website, Upton is 5' 10" and weighs 134.5 pounds. Her body mass index, according to those measurements, is 19.3, well within the "normal" range as defined by the National Heart,

Lung and Blood Institute.

How the media frames models of different sizes influences how society looks at them, said Annie Her, freshman in fine arts.

"They paint the average, the larger, and skinnier models to shape their concept and views of the modern world from their point of view," Her said.

Society's idea of health should be based less on physical appearance, and more on what's inside, Her said.

"The visual effect of the body masks the internal affairs of its owner," Her said. "An artist only utilizes what they can visually see. The public should not term healthy based solely on physical appearances, but instead on medical records."

Dianna Schalles, registered dietitian at Lafene Health Center, said a healthy body image is one important aspect of total body health. Media exposure contributes to body image, and the increasing incidences of eating disorders. It's important to be aware of unrealistic ideals, and to be able to reject them, Schalles said.

### Perception change

A recent shift from the "thin" ideal to a "fit" ideal is taking over the media industry, spurring Twitter hashtags such as #fitspiration.

Schalles said even this idea of health can distort perceptions of what it means to be truly healthy.

"A person might be in the gym several hours a day and look like a fit individual, but if he or she is practicing unhealthy or excessive behaviors to achieve this, health could be at risk," Schalles said.

Schalles recommends avoiding dieting and exercise extremes, aiming for a balanced diet and exercise routine that is realistic and enjoyable for you.

If worries about health, or negative body issues, persist, it may be time to seek medical help, Schalles said.

"If they are suffering from negative body image and habits, that might signal disordered eating," Schalles said. "They should seek out the help of your healthcare provider."



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